

Mother of Perpetual Help Devotions

Mary Our Help

OPENING HYMN (STAND)

LEADER: Most holy and Immaculate Virgin and our Mother Mary, you are our Perpetual Help, our refuge and our hope.

ALL: We come to you today. * We thank God for all the graces received through your intercession. * Mother of Perpetual Help, we promise to love you always * and to do all we can to lead others to you.

LEADER: Mother of Perpetual Help, confident of your powerful influence with God, obtain for us these graces:

ALL: The strength to overcome temptation, * a perfect love for Jesus Christ, * and a holy death * so that we will live with you and your Son for all eternity.

LEADER: Let us pray to be open to God's Word.

ALL: Mother of Perpetual Help, * you continually sought the meaning of God's words and actions in your life. * As we listen to God's Word, * may the Holy Spirit enlighten our understanding * and give us the courage * to put his Word into practice in our daily lives.

(If homily follows, all should be seated.)

LEADER: Let us kneel to pray as a community of faith. Mary, all generations have called you blessed, and the Almighty has done great things for you.

ALL: Mother of Perpetual Help, * we call upon your most powerful name. * Your very name inspires confidence and hope. * May it always be on our lips, * especially in time of temptation * and at the hour of our death. * Blessed Lady, help us whenever we call on you. * Let us not be content with merely pronouncing your name. * May our daily lives proclaim * that you are our Mother and our Perpetual Help.

LEADER: Let us pray for our temporal wants:

ALL: Mother of Perpetual Help, * with the greatest confidence we kneel before you. * We implore your help in the problems of our daily lives. * Trials and sorrows often depress us; * misfortunes and privations bring misery into our lives; * everywhere we meet the cross. * Comforter of the Afflicted * beg your Son, Jesus, * to strengthen us as we bear our burdens * and to free us from

our sufferings. * Or if it be the will of God * that we should suffer still longer, * help us endure all with love and patience. * May we follow the example of your Son, * and through him, * with him, * and in him, * commend ourselves to the care of our heavenly Father.

LEADER: Let us stand now to present our petitions and our thanks. Lord Jesus Christ, at a word from Mary your Mother, you changed water into wine at Cana of Galilee. Listen now to the People of God gathered here to honor Our Mother of Perpetual Help. Grant our petitions and accept our sincere thanks.

LEADER: Grant wisdom and guidance to our Holy Father, Pope..., our Bishop..., our priests, and all the leaders of our nation, state, and community.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant peace and unity throughout the world, especially in our homes and families.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant that young people respond generously to the call of the Holy Spirit in deepening their faith and choosing their vocation in life.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant us continued health of mind and body, and help the sick, especially..., to regain their health according to your holy will.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Grant eternal rest to all our deceased, especially..., and to the souls of all the faithful departed.

ALL: Hear us, Lord, through Mary our Mother.

LEADER: Let us pause now to silently present our own petitions to Our Mother of Perpetual Help.

LEADER: Lord, accept our thanks for the new life of grace you gave us.

ALL: We thank you, Lord, through Mary our Mother.

LEADER: Accept our thanks for all the graces received through the sacramental life of the Church.

ALL: We thank you, Lord, through Mary our Mother.

LEADER: Accept our thanks for the spiritual and material blessings we have received.

ALL: We thank you, Lord, through Mary our Mother.

LEADER: Let us pause now to silently thank Our Mother of Perpetual Help for our own favors received.